

FacePillow and Platform Adjustments

The TravelMate's facepillow is designed for infinite adjustments to ensure optimum positioning and comfort for your clients. Both angle and height adjustments are made with a few additional simple steps.

Set up

1 Remove the TravelMate unit and carry/case from its box and lay flat on a table or desk surface with the facepillow and chest pad facing up. Open plastic and slide unit out. Momentarily set aside both the chest pad and facepillow.



5 Lock the base Quick-Release lever while supporting the facepillow platform. Next, lock the facecradle platform lever and push the entire unit back into the protective upholstery cover until it butts up against the edge of the work surface.



2 Position the open end of the TravelMate to the edge of the table or desk where you plan to work by aligning the earth symbol and base Quick-Release Lever on either side of the TravelMate with the edge of the working surface. The front flap of the protective upholstery pouch will be hanging down. While supporting the TravelMate, pull it down a couple of inches from the protective pouch.



6 Place the chest pad into place by aligning it with the opposing Velcro strip on the chest bar. The "U" shape of the chest pad is the top of the pad. Release the base Quick-Release Lever to fine tune the position of the chest pad to a comfortable angle and then lock.



3 Locate both the facepillow platform and the base Quick-Release Levers and pull in the opposite direction to release.



7 Attach the crescent cushion to the facepillow platform by aligning it with the opposing Velcro strips on the facepillow platform. Release the facepillow platform Quick-Release lever to reposition to the desired angle and then lock.



4 Locate the chest plate with the two strips of Velcro that should be facing the ceiling. You will twist the chest bar more than a three-quarters rotation AWAY from you until the Velcro strips face you. You will need to slightly lift the facepillow platform to allow the full rotation needed.



1 Set up the TravelMate according to the instructions. Have client seated and positioned in front of the TravelMate. Have client lean forward and press into the chest pad.

2 To adjust the angle of the facepillow, locate the Quick-Release Lever and pull in the opposite direction to release. Client should grasp both sides of the facepillow platform when tilting to the desired angle, then lock by pulling the Quick-Release Lever in the opposite direction.

3 To adjust the height of the facepillow, locate the two black knobs on the back of the unit. Twist both counter-clockwise to loosen. Use both hands to pull evenly to desired height. Secure each knob independently by turning the knobs clockwise until firm.

4 Client is now ready to lean forward, having their weight supported by the chest pad and their face comfortably positioned in the facecradle. Clients can position their arms on the table (hands down and either slightly outstretched or crossed comfortably around the unit.) in preparation of their treatment.

Caution: Turn knobs firmly until they stop, but do not over tighten to avoid damaging the threads.

Please Note: Clients of all shapes and sizes will enjoy the treatments on the TravelMate once a few adjustments are made to accommodate their individual body sizes and comfort preferences. Additionally, different positions better accommodate different types of treatment.

